



All people smile in the same language.

The Culture Corner

June 2004

A monthly bulletin promoting cultural growth in Calgary

Enriching Capacity in Communities

This month was very busy as the CMC hosted two Community Capacity Enriching Workshops; Effective Communication with the Media, (the second in a series of two), on May 5th, presented by the Calgary Herald and Shaw TV, as well as Aboriginal Awareness on May 19th, facilitated by Doreen Spence of the Canadian Indigenous Womens Resource Institute. A BIG thanks to all our facilitators this month, as well as the numerous cultural groups and organizations that attended.

Please watch for the upcoming workshops designed to help different cultures better understand mainstream society.

Directions for Immigrants in Trades and Professional Careers (DITPC)

DITPC is now open at its new permanent location at #110- 805 5 Avenue.

Group Intake and Orientation sessions take place every Thursday. Clients are welcome to drop by between 8:30 to 4:30 Monday to Friday to register for these one-hour sessions to determine eligibility criteria.

Directions for Immigrants in Trades and Professional Careers is operated by Bow Valley College.

For more information please visit the website at www.ditpc.ca or call 297-2555.

2004 Workshops

Dates To Be Announced:

Understanding your Political Party and Becoming Part of the Voting Process.

Making Friends with the Police

Grant Proposal Writing

Fund Development

"For those who have seen the Earth from space, and for the hundreds and perhaps thousands more who will, the experience most certainly changes your perspective. The things which we share in the world are far more valuable than those which divide us."

-Donald Williams

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Celebrating Independence

Here is a list of the countries that celebrate Independence Days this month...

June 12- Philippines



835-8th Avenue SW
Calgary, AB T2P 2T3
Tel: 403.237.5850
Fax: 403.234.7132

www.calgarymulticulturalcentre.com



Join us at Canada's Largest **MULTICULTURAL FOODFEST**

The CMC plans to host Canada's largest Multicultural FoodFest, taking place on June 27 - Canadian Multiculturalism Day.

Learn about cultures around the world by enjoying a wide variety of food, dress and entertainment. We are looking for the following individuals and organizations to participate in this exciting event:

- Cultural restaurants
- Cultural Associations/Groups/Entertainers
- Retail Vendors
- Volunteers



For more information, contact the CMC at **237-5850**. SPACE IS LIMITED

The Calgary Multicultural Centre Presents:



Multicultural FoodFest 2004

in partnership with:



UNIVERSITY OF CALGARY



Prairieaction FOUNDATION

Date: Sunday, June 27, 2004
Canadian Multiculturalism Day

Time: 11:00 am - 4:00 pm

Place: Mewata Armory
801-11th Street SW

Entrance: FREE!

Activities: Food from Around the World
Cultural Dancers & Musicians
Live Cooking Demonstrations
Clowns, Face-painting
Jugglers, Children's Art



This event will showcase food samples from over 50 cultural restaurants! Advance food tickets are \$20 for 10 food samples. There will be a limited number of tickets available.

To order tickets, call: **237-5850**.

sponsored by:



taste the traditions of the world!

Celebrating a Festival of Cultures on 11th Street



SENIORS AND WELLNESS FAIR

"Promoting Health for Seniors of All Cultures"

The CMC, City of Calgary Senior Services Division and Health Education Inc., in collaboration with a number of stakeholders and seniors, are organizing its first Seniors and Wellness Fair- "Promoting health for Seniors of All Cultures", which is to be held on **Monday June 14, 2004 at the Golden Age Club from 10:00 am to 2:00 pm.**

The goal is to provide the Seniors with access to health testing clinics and information and resources on health related issues important to seniors.

Health Testing Clinics include: Blood Pressure, Bone Density, Glucose, Cholesterol and Vision Testing. Speakers will cover subjects on Osteoporosis, Medications, Incontinence, Diabetes, Mental Well Being, Prostate Cancer and Arthritis.

Tickets are \$5.00 each and include mid-morning coffee and snack and a light lunch. There are a limited number of tickets available. If you are interested in attending please contact the Calgary Multicultural Centre at **237-5850** to purchase your ticket.

Yum Yum!

Rafiki Distributors: **1257 38th Ave NE**
Phone: **669-8777**

Specializing in Award Winning premium Tropical Ice Cream, (Mango, Lychee, Pistachio, Coconut, Soursop).

Other products include tropical beverages, butter chicken sauce, assorted HOT sauces and East and West Indian grocery.

Free Delivery available for seniors and all other orders over \$50.00.



Volunteer Opportunities

Multicultural FoodFest Volunteers

The Multicultural FoodFest will be taking place on June 27th from 11am until 4 pm.

Candidates will assist with serving food, ticket sales, registration, support for vendors, entertainment, refreshments, set up, clean up, security and much much more!

Office Assistant

Responsible for answering phones, data entry and other office duties requested by the staff. Advanced Knowledge of Microsoft Office and Excel required

International Cultural Research Assistant

The candidate will research and compile information on cultures and societies around the world.

Ernie's Grocery, Video, and Deli & Albay Express Limited



Money remittance and door-to-door parcel service for your everyday shopping needs.

Contact:
Lydia Albay or Ernie Albay

528 - 22 Midlake Blvd. S.E.
Calgary AB T2X 2X7

Tel: 244-8083, 244-1032

CMC Language Conversation Groups

Practice your second language in a casual conversational setting! This is an exciting opportunity to meet new people, gain knowledge and build confidence in your second, or even third language.

For more info call **Nashila** at **237-5850**.

Conversation Groups are offered in the following languages:

English-	
Monday	4:00 pm - 5:00 pm 5:15 pm - 6:15 pm
Wednesday	4:00 pm - 5:00 pm
Spanish-	
Tuesday	5:15 pm - 6:15 pm
French-	
Wednesday	4:00 pm - 5:00 pm

Thanks to our Funders!



Human Rights, Citizenship and Multiculturalism Education Fund





June Celebrations

June - Gay and Lesbian Pride Month. Lesbian, Gay, Bisexual and Transgender Pride Events are celebrated by communities across Canada and the United States on different dates during June through to early August.

June 1st - Gawai Dayak (Malaysia). This day marks the traditional rice harvest. Rituals are performed to express their thanks to the spirits of the padi with requests for a better harvest during the next planting season. It is an open house for friends and relatives with celebrations usually lasting three days.

June 4th - Mosaic Cultural Festival takes place in Calgary Memorial Park.

June 4th-June 12th - Carifest. Colourful dancing, storytelling, children's entertainment, food, arts and crafts bring the Caribbean to Calgary. Call (403) 292-0310 or visit www.carifest.ca

June 5th - Núr (5th Month). The first day of the fifth Bahá'í month. The English translation of Núr (Arabic) is Light.

June 14th - Seniors' Health and Wellness Fair at the Golden Age Club from 10:00am to 2:00pm. *Promoting Health for Seniors of All Cultures.* Tickets are \$5, phone 237-5850 to order.

June 16th - Martyrdom of Guru Arjan Dev. He was the fifth Guru (1563-1606) and the first Sikh martyr executed by the Mughal emperor Jehangir. He built the Golden Temple in Amritsar with doors facing all four directions to emphasize that the Sikh way was open to all, regardless of caste.

June 18th-20th The Calgary Greek Festival A celebration of Greek Culture at the Spruce Cliff Community Centre 861-6698 or email aristofanis@shaw.ca for more info.

June 19th - Juneteenth. June 19, 1865, also known as National Freedom Day, is considered the official end of slavery in the United

States. Slaves in Oklahoma, Texas, Louisiana and Arkansas were not told about their freedom until this day, even though other Southern states had known since April, 1863. Today, the holiday is observed in African-American communities throughout the country with rallies, concerts and fairs.

June 19th - Viva Mexico! The Calgary Mexican Canadian Cultural Society is proud to present Viva Mexico! A festival of Mexican music, history and traditions showcased through the art of Dance. The festival features Calmeca Dancers from Calgary and guest performers from Mexico. An event for the entire family. Tickets are on sale at Ticketmaster.

June 20th - Father's Day. This day honours all fathers in the world. Louise Dodd of Spokane, Washington, began the tradition in 1909.

June 20th - Father's Day at Heritage Park Barbershop quartets and Mount Royal Rifles . Call (403) 268-8500 for more info. www.heritagepark.ab.ca

June 20th - Midsummer's Eve Festival. According to old European tradition is a time for fairies and magic and a night of foretelling the future to discover who your true love might be.

June 20th - World Refugee Day - UN

June 21st - Aboriginal Day. In 1996, the former Governor General of Canada, Romeo LeBlanc, proclaimed June 21 to be known as National Aboriginal Day. This is an event growing in importance in Canada when the outstanding contributions of First Nations, Inuit and Metis are being recognized.

Nosehill Park celebrates spiritual circle to commemorate National Aboriginal Day.

June 22nd - Dragon Boat Festival. This day honours the patriot poet Chu Yuan who drowned himself in the Milo River, south of China in protest of the political injustice in 277 B.C. The villagers raced to the river and jumped into dragon boats but never found him. As they searched, they beat drums to scare off fish and

dragons that might attack his mortal remains. It is a holiday celebrated by boat races in the shape of dragons.

June 24th - St. Jean Baptiste Day. He is the patron saint of French-Canadians. It is a national holiday and there are parades, bonfires and fireworks to celebrate his birthday.

June 24th - Rahmat (6th Month). The first day of the sixth Bahá'í month. The English translation of Rahmat (Arabic) is Mercy.

June 24th - Dia De San Juan (Puerto Rico). This day commemorates the island's patron saint, St. John the Baptist. People gather at the beaches in the afternoon. Then at midnight, they jump into the ocean backwards three times to symbolize baptism, immersion and new life.

June 24th - Inti Raymi (Peru). Inti Raymi is celebrated in Cusco, the second biggest festival in Latin America, celebrates the winter solstice Incan Festival where the God of the Sun, Wiracocha is honoured.

June 26th - Int'l Day In Support Of Victims of Torture - UN

June 27th- Multiculturalism Day The Government of Canada officially recognized June 27th as Canadian Multiculturalism Day on November 13, 2002. This day acknowledges the contributions that various communities make to Canadian society and to celebrate the country's richness and diversity.

The CMC presents the Multicultural Food Fest and a Festival of Cultures on 11th Street. Entrance is free. Tickets for food are \$20 for 10 items. Phone 237-5850 to order.

Date: Sunday, June 27th
Place: Mewata Armory
801-11th Street SW
Time: 11:00 am - 4:00 pm

Food tickets are Limited!